



## TENNESSEE SOCCER CLUB

### Player Development Methodology & Philosophy

#### Methodology

- Whole-part approach to training
- U8-U12 1<sup>st</sup> session is individual technique and decisions; 2<sup>nd</sup> session is small group activities (attacking & defending)
- U13-U18 1<sup>st</sup> session-defending theme; 2<sup>nd</sup> session attacking theme
- Games-based approach (no drills)



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#### Philosophy

- Concerted effort to build from the back-third
- Concerted effort to build an attack through the thirds of the field
- Goalkeeper's distribution starts in the back third, unless a tactical situation requires kicking (off corner-kicks, when pressed in own half)
- Concerted effort of players to pass and combine in all areas of the field
- Concerted effort to develop autonomy, mastery, and purpose in technique and effective decision-makers
- Freedom to be creative and a fear-free environment



## TENNESSEE SOCCER CLUB

### Coaching Communication & Behavior

- Encourage use of a tactical board
- Encourage note taking
- Half-time speech is question & answer and guided discovery approach
- Focus is on the units (defenders, midfielders, attackers)
- Respect the referee, regardless of the decisions
- Pitch and tone varied accordingly and appropriately to players
- Compete with Integrity, Character, and Sportsmanship (CICS)
- Represent the club philosophy
- Frequent communication with parents (including 1-2 technical reports/season)